



# HIGH FIVE® Workshops

**The HIGH FIVE® standard is committed to supporting the healthy development of children in recreation and sport.**

The Alberta Recreation & Parks Association is hosting a series of workshops in January and February 2012.

Principles of Healthy Child Development

January 19, 2012

Calgary, AB

QUEST 2

January 20, 2012

Calgary, AB

Becoming a HIGH FIVE® Trainer

February 2012

Location and date to be determined

For more information, contact:

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If you are interested in participating in any of the HIGH FIVE® sessions, please visit [www.arpaonline.ca/program/high-five](http://www.arpaonline.ca/program/high-five) to register.



The best way to play™