



**OUTDOOR COUNCIL  
OF CANADA**  
CONSEIL CANADIEN  
DE PLEIN AIR

# LEADERSHIP LEVEL 1



OCC offers 2-day **Leadership Level 1 (LL1)** courses with specializations in hiking or water-based programming. The OCC also offers add-on modules in winter recreation, navigation and over-night trips.

Successful graduates of an LL1 course will be certified as OCC 'Outdoor LL1' with specialization in either hiking or water-based programs.

This course is suitable for anyone wanting to lead outdoor day-trips in simple terrain or conditions. It also makes a great first step toward becoming an OCC LL1 Instructor.

### **Course Content:**

The course will be split between in-class learning (65%) and field exercises (35%). The learning format is primarily guided experiential learning. Topics covered include:

- Understanding the role of the leader and leadership styles
- Integrating 'activity,' 'participant,' and 'venue' characteristics to promote event quality and safety
- Constructing an activity plan
- Identifying hazards and mitigation strategies
- Communication and team building between participants, co-leaders and other stakeholders
- Group management in the field
- Enhancing situational awareness for quality and safety management
- Emergency response
- Post-trip debriefing and facilitation.

**Prerequisites:** LL1 applicants must be at least 16 years of age. The only other prerequisite for this course is a love of the outdoors and a passion to share that experience with others.

All application forms and further information at [www.outdoorcouncil.ca](http://www.outdoorcouncil.ca)

## REGISTRATION

[admin@outdoorcouncil.ca](mailto:admin@outdoorcouncil.ca)  
403.220.8638  
[www.outdoorcouncil.ca](http://www.outdoorcouncil.ca)



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# ABOUT THE OUTDOOR COUNCIL

The Outdoor Council of Canada (OCC) is a nationally incorporated, non-profit, practitioner-owned organization founded to encourage, promote and facilitate safety-oriented outdoor education and recreation for every Canadian.

The OCC aims to maintain and nurture, in practical and accessible ways, the long-standing Canadian tradition of connection with and involvement in the natural world. The OCC pursues this by:

- Creating a national certification system for outdoor leaders;
- Developing risk management resources for organizations seeking to provide educational or recreational experiences in outdoor settings;
- Advocating for outdoor activity and education. This advocacy will rely on the best available evidence and be targeted to further the public interest;
- Encouraging research in any area that furthers understanding of the issues and opportunities in outdoor education and activity. We consider it essential that all OCC initiatives be 'evidence based' in their motivation, conception and execution.

## LEADERSHIP TRAINING PROGRAMS

### Leadership Level 1

The Leadership Level 1 (LL1) program is an entry level course that trains and certifies participants to lead outdoor day trips in simple terrain and conditions. LL1 courses offer specializations in hiking or water-based programs. Add-on modules are also available in winter recreation, navigation and over-night programming.

### Leadership Level 1 Instructor Training

The LL1 Instructor Training program teaches the skills and provides the certification required to instruct Leadership Level 1 courses.

